

Preparing For Your Childs Upper GI Exam

For Routine Exams:

- NPO (nothing by mouth) for 4 hours prior to the flouro exam. Nothing to eat or drink. Not even water!

What to expect...

- We would appreciate if you would arrive 15 minutes prior to your scheduled appointment time.
- Please bring with you, a onesie that snaps in the crotch OR a plain t-shirt for your child to wear during the procedure. Gowns are available, but it's nice to have something familiar to your child.
- You'll be taken to our x-ray suite, where a registered x-ray technologist will explain the exam in detail. Your child will be drinking a white barium mixture that coats their esophagus, stomach, and intestines.
- If your child still uses a bottle or a sippy cup, please bring an extra one with you. Your child may prefer to drink from something that is familiar.
- A number of films will be taken throughout the procedure and read by our Board Certified Radiologists.
- A thorough report of the study will be sent to your referring physician. Please allow two working days for them to go over the results of the exam with you.
- For pregnant mothers/ guardians- you are not allowed to stay in the x-ray room with the child while the procedure is being performed due to unnecessary radiation to your unborn fetus. Please arrange for dad or a family member to stay with your child during the exam.
- It is imperative that your child drinks plenty of fluids following the procedure to prevent constipation from the Barium. Preferably 64oz of water.

If you have any questions or concerns, please don't hesitate to call one of our x-ray technologists to assist you. 434-237-4004.

Appointment date: _____

Arrival time: _____