

## *Preparing For Your Childs IVP*

### For Routine Exams:

1. 0-3 years of age
  - Full liquid breakfast until 7:00am on day of exam.
  - NPO after 7:00am; no liquids or solid foods.
  - No solid foods on the day of the examination. May have dairy products.
2. 4-6 years of age
  - Evening prior to exam (before 7:00pm), One-half (1/2) Dulcolax suppository.
  - At 7:00am, day of exam, give Fleet Pediatric Enema.
  - Full liquid breakfast until 7:00am on day of exam.
  - NPO after 7:00am; no liquids or solid foods.
  - No solid foods on the day of the examination. May have dairy products.
3. 7-16 years of age
  - Evening prior to exam (before 7:00pm), One(1) Dulcolax suppository.
  - At 7:00am, day of exam, give Fleet Pediatric Enema for children ages 7-10. For older children, give adult enema.
  - Full liquid breakfast until 9:00am.
  - NPO after 9:00am; no liquids or solid foods.
  - No solid foods on the day of the examination. May have dairy products.

### What to expect...

- We would appreciate if you would arrive 15 minutes prior to your scheduled appointment time.
- Please bring with you, a onesie that snaps in the crotch OR a plain t-shirt for your child to wear during the procedure. Gowns are available, but it's nice to have something familiar to your child.
- You'll be taken to our x-ray suite, where a registered x-ray technologist will explain the exam in detail. A saline lock (IV) will be placed in your child's arm in order to administer x-ray dye, which will "highlight" the kidneys, ureters, and bladder.
- A number of films will be taken throughout the procedure and read by our Board Certified Radiologists.
- A thorough report of the study will be sent to your referring physician. Please allow two working days for them to go over the results of the exam with you.
- For pregnant mothers/ guardians- you are not allowed to stay in the x-ray room with the child while the procedure is being performed due to unnecessary radiation to your unborn fetus. Please arrange for dad or a family member to stay with your child during the exam.

**If you have any questions or concerns, please don't hesitate to call one of our x-ray technologists to assist you. 434-237-4004.**

Appointment date: \_\_\_\_\_

Arrival time: \_\_\_\_\_