

Preparing For Your Childs Barium Enema

For Routine Exams:

- 0-2 years of age
 - Clear liquid breakfast on day of exam; no solid foods, no dairy products.
- 3-6 years of age
 - One half (½) Dulcolax suppository around 7:00pm evening before study.
 - Clear liquid breakfast on day of exam; no solid foods, no dairy products.
 - 7:00am day of study, give one Fleet pediatric enema.
- 7-13 years of age
 - One Dulcolax suppository around 7:00pm evening before study.
 - Clear liquid breakfast on day of exam; no solid foods, no dairy products.
 - 7:00am day of study, give Fleet pediatric enema.
- 13 years plus
 - Fleet Prep Kit #2- Follow 24 hour prep

Special Exams:

- Chronic constipation (suspected Hirschsprung's Disease)
 - NO PREPARATION
- Acute Ulcerative Colitis
 - Clear liquid diet for 24 hours prior to examination
- Acute Abdominal Conditions
 - NO PREPARATION

What to expect...

- We would appreciate if you would arrive 15 minutes prior to your scheduled appointment time.
- Please bring with you, a onesie that snaps in the crotch OR a plain t-shirt for your child to wear during the procedure. Gowns are available, but it's nice to have something familiar to your child. Also, bring extra diapers or pull-ups.
- You'll be taken to our x-ray suite, where a registered x-ray technologist will explain the exam in detail. A lubricated enema tip will be inserted into your child's rectum, which will allow for Barium to coat the colon.
- A number of films will be taken throughout the procedure and read by our Board Certified Radiologists.
- Occasionally, the radiologist may request that the child return for a delayed film 24 hours after the procedure.
- A thorough report of the study will be sent to your referring physician. Please allow two working days for them to go over the results of the exam with you.
- For pregnant mothers/ guardians- you are not allowed to stay in the x-ray room with the child while the procedure is being performed due to unnecessary radiation to your unborn fetus. Please arrange for dad or a family member to stay with your child during the exam.
- It is imperative that your child drinks plenty of fluids following the procedure to prevent constipation from the Barium. Preferably 64oz of water.

If you have any questions or concerns, please don't hesitate to call one of our x-ray technologists to assist you. 434-237-4004.

Appointment date: _____

Arrival time: _____