

## Arthrogram or Joint injection preparation sheet

You will need to...

- Bring a list of your current medications and drug allergies.
- Be off of any blood thinners prior to your exam.

Examples: **Coumadin and aspirin** should be discontinued 3 days prior to your scheduled appointment.

**Plavix** should be discontinued 5 days prior to your examination.

**As always, consult with your physician for clarification before discontinuing any medications.**

What to expect for an arthrogram...

- You will receive an injection of x-ray dye into your joint that is performed by our Board Certified Radiologists in our x-ray department. Several x-rays will be taken prior to and after that injection.
- Additional studies may be ordered per your doctor's request. For instance, if an MRI is to follow, you will receive a telephone call approximately 2 days prior to your exam date to better prepare you for your MRI scan. If an MRI is also ordered in addition to your arthrogram, from the start of the exam to completion of both studies, expect to be in our office for approximately two hours.

What to expect for a joint injection...

- You will receive an injection of a steroid per your doctor's orders into your joint that is performed by our Board Certified Radiologists in our x-ray department.

If you have any questions or concerns, please don't hesitate to call an x-ray technologist to assist you 434-237-4004.

Appointment date: \_\_\_\_\_ Arrival time: \_\_\_\_\_